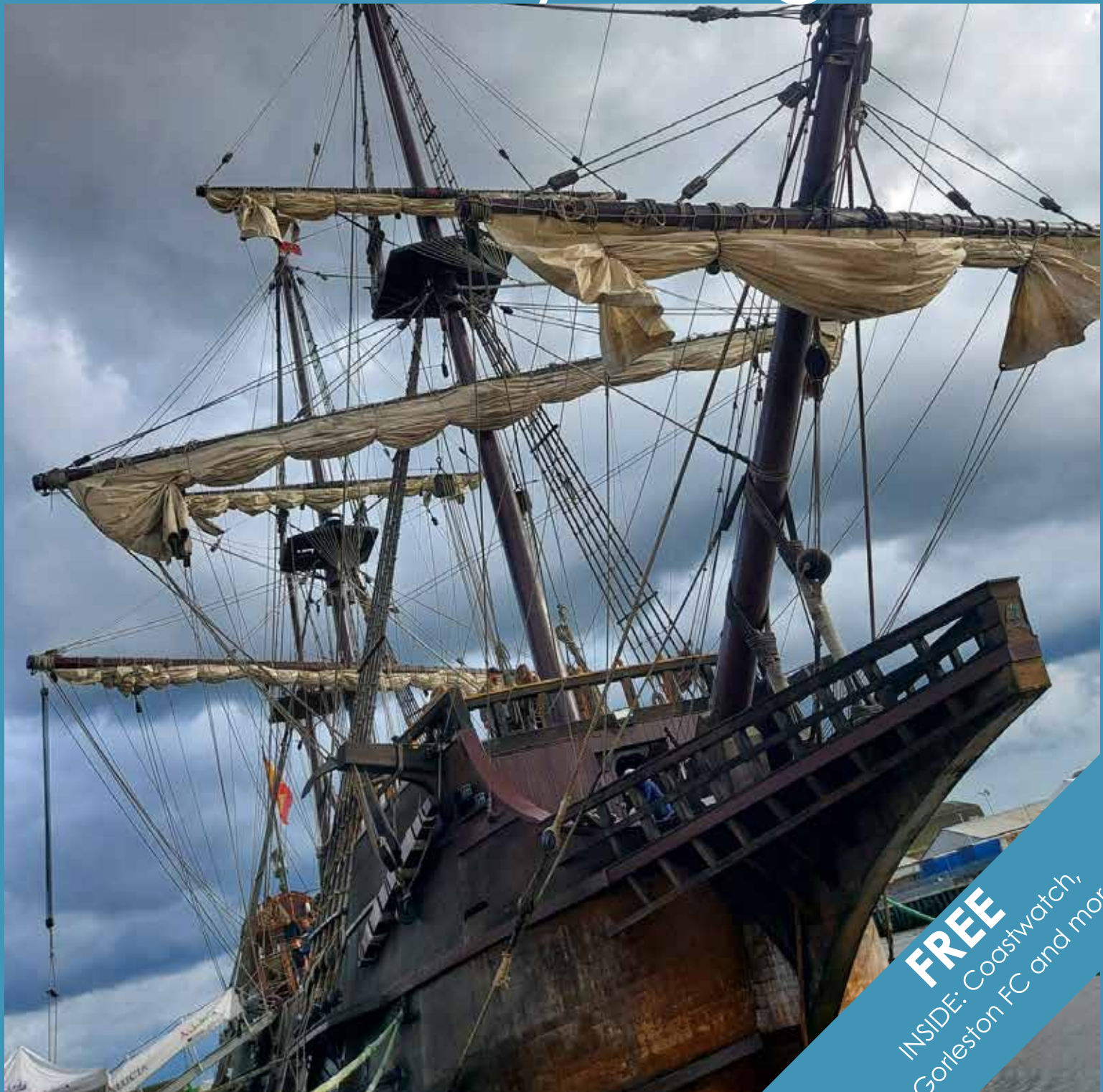




AUGUST 2024

# GORLESTON

## Community Magazine



**FREE**  
INSIDE: Coastwatch,  
Gorleston FC and more

# Hello Gorleston!

Welcome to the August 2024 issue of  
your award-winning, free community magazine.

Have you missed us? Gorleston Community Magazine took a break in order to set up with a new team, but now we are BACK! Many thanks to Karen and Derek for all their hard work putting the magazine together for so many years, and warm greetings from the new team. We look forward to being part of the community hopefully for many years to come.

You will find many of the familiar items which you know and love in our current and future issues, including Gorleston Then & Now, news from the hospital and schools, and our puzzle pages. There are also some new treats in store, such as regular competitions, interviews with local people and regular items from the emergency services. We are particularly proud of our brand new logo, designed for us by one of the pupils at Peterhouse Primary Academy. You can find the original artwork for it and for all the finalists in the competition in the magazine.

But most of all we want to hear from YOU! If you have ideas for articles, people you would like to see interviewed, photos, artwork or creative writing you would like to be included, then please send it over to [editor.gorl.comm.mag@gmail.com](mailto:editor.gorl.comm.mag@gmail.com). We can't promise to publish everything, but we do promise to consider anything that is sent. The deadline for each issue is the 10th of the preceding month.



2021 Best Editor  
2022 Best Design

Have a great month and  
God Bless You All!

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Deadline for the September Issue  
is **August 10th**

Thanks to **Olga Rakauskiene** for this  
month's front page picture.

# Thought for the Month

From Rev'd Derek McClean of  
Cliff Park Community Church



I grew-up in the Presbyterian denomination, and I still have the hymn book on my shelf. As much as the charts, the hymns in that book, and the Psalms, form the soundtrack of my teenage life.

Presbyterians love the Psalms. They can't get enough of them. The Psalms provide the full range of emotions: life & love, hope & despair, pain & sorrow. Above all, they celebrate God and what He has done for us.

The most famous one is Psalm 23, the Shepherd Psalm, which begins, *The Lord is my Shepherd, I shall not be in want.*

We live in a beautiful part of the world. A top-ranked beach on our doorstep. Lovely walks around us – especially that bluebell wood in spring – and places where we can just sit and simply 'be': a time to reflect and enjoy the world God has given us.

I grew up on what has been declared to be an area of outstanding natural beauty – the Antrim coastline. It begins in my home town, and then follows the coast around to the Giants' Causeway. This area is so amazing that the Irish have dubbed it a wonder of the natural world. And fans of Narnia will find Dunluce Castle – said to have inspired Caer Paravel (the castle in Narnia).

Whether there, or here, this is a beautiful world. A world full of wonder. A world to capture and inspire the imagination. A world for love, life and laughter.

There will be much laughter and enjoyment at the Cliff Top Festival, this month, and I will enjoy it as well. But in the midst of the amusements, and rides, and food, as I celebrate life, the Psalms will remind me to celebrate the Giver of Life and all that I am enjoying at the festival.

As part of celebrating the Giver of Life, there will be a special service at the Pavilion Bandstand on 4th August at 10:30 am. There we will celebrate all that He has given, especially giving His Son, Jesus, to die for us that we might be forgiven and have life with Him. The greatest gift, and the best reason to celebrate.

This will be a churches together celebration. Why not join us, and celebrate the joy of knowing Jesus? We'd love to see you.



**Cliff Park Community Church**

*Anglicans and Baptists Working Together*

**We meet weekly on a Sunday morning  
at 10.30am**

Our services have a variety of styles including café style church

**You will find us at  
Cliff Park Ormiston Academy  
Kennedy Avenue Gorleston  
NR31 6TA**



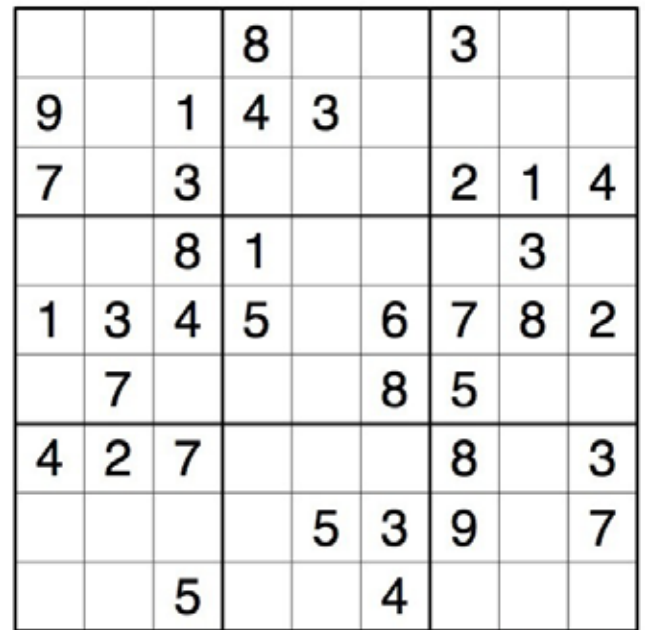
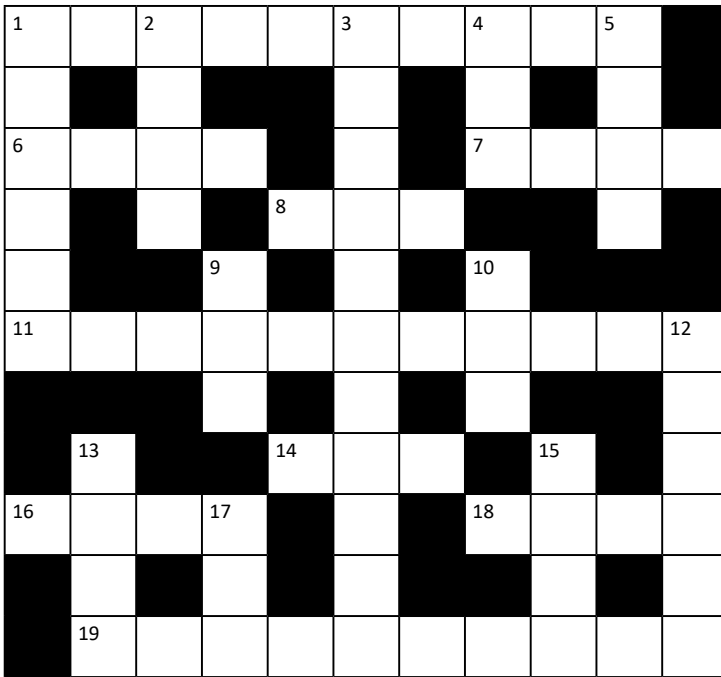
After our services we take the opportunity to chat to others over refreshments and a biscuit, and sometimes cake

We have children and young peoples groups.

**Want to know more then why not go to [www.cpc.org.uk](http://www.cpc.org.uk)  
or contact Tracy [admin@cpc.org.uk](mailto:admin@cpc.org.uk) or phone 07923885850**

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# Coffee Time 1



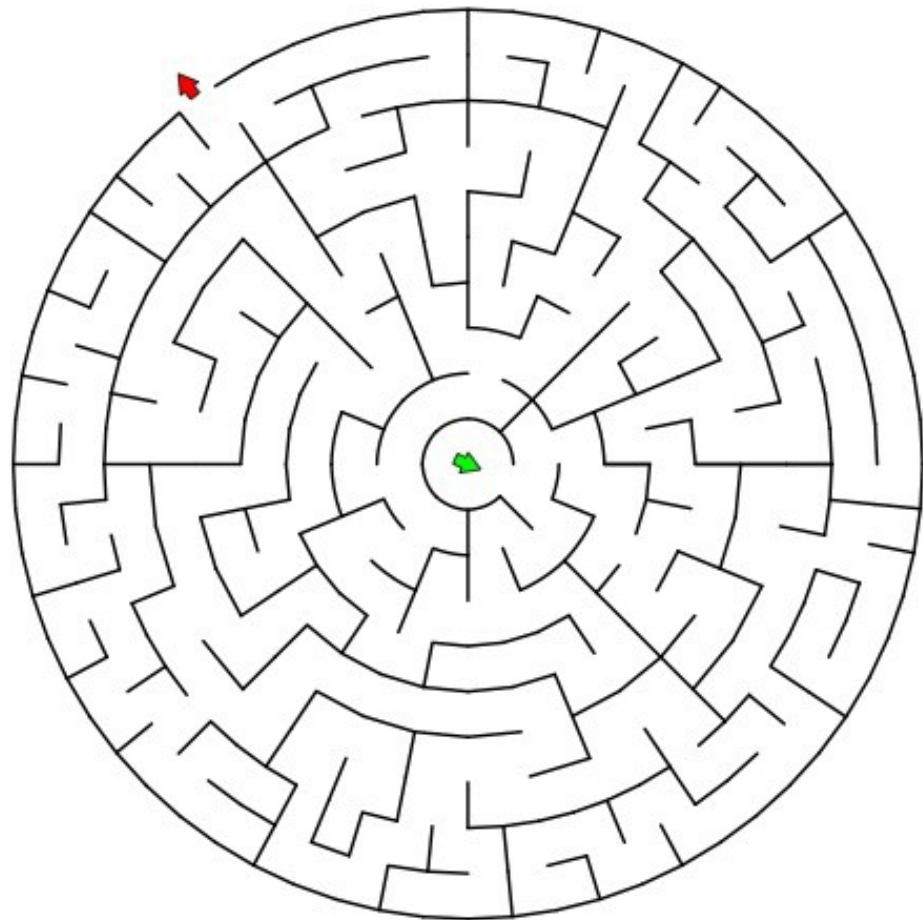
© 2008 KrazyDad.com

## Across

1. Move faster (10)
6. Songs of Praises (4)
7. Cat's cry (4)
8. Flightless bird (3)
11. Positive feelings (11)
14. Look on the other side (Abr.) (3)
16. Greek God (4)
18. Spiritual Teacher (4)
19. To deprive (10)

## Down

1. Follow through (6)
2. Unconsciousness (4)
3. Removing (11)
4. Limb (3)
5. God of love (4)
9. Precious Stone (3)
10. To question (3)
12. Military greeting (6)
13. Bitter quarrel (4)
15. Female relative (4)
17. Distress signal (3)



# GoSH

## Gorleston-on-Sea Heritage Group

### Royal Visits to Gorleston: 1930 & Onwards by Chris Wright

In 1930, the **Prince of Wales** (who became King Edward 8th in 1936) visited Great Yarmouth to open the new £200,000 Haven Bridge on October 21st. He was greeted by huge crowds. As Master of the Merchant Navy, he visited the Fish Wharf where “fisher lassies mobbed the Prince”. 8,000 men and 3,000 fisher girls were on the quay. Nearly two miles of drifters were moored, and a thousand horns were sounded as he toured the site. The Yarmouth Mercury reported that “he came in homely style. HRH did not wear a uniform but just a friendly suit of grey with a soft collar and bowler hat”. The Prince had travelled to the town by train but left by “a little red aeroplane” from a field owned by Mr Stuart Cook, off Church Road in Gorleston (probably where the East Norfolk College is now located).

In 1931 on April 9th, the **Duke and Duchess of York** attended the National Union of Teachers Benevolent and Orphans Fund meeting at the Britannia Pier. They were greeted at Southtown station and received at the Town Hall. “Large crowds lined the main street from the Town Hall to the Britannia Pier and gave an enthusiastic welcome to the Duke and Duchess.” The Duke congratulated them on their work and on raising nearly £52,000. He reflected “if there was anything finer than helping young people get a chance.” They left by car for Beccles. (In 1936, the Duke became King George 6th.)

In 1931 on June 17th, **Prince George** (later King George) as the President of the Norfolk Agricultural Association, arrived by air at Gorleston and motored to the South Denes to visit their show. The Prince watched the procession of prize winners. The Prince was successful in winning a first prize in the shire horse section and prizes in the Red Poll section. Cheers were raised as his car travelled back to Gorleston for an easy take-off departure for Windsor.

On 23rd August 1940, **King George 6th** visited the area as part of a 150-mile tour of coastal defences. At Gorleston, he was met by a guard of honour of the Royal Norfolk Regiment, and he inspected a parade of officers and men from the minesweepers and WRNS. Despite the secrecy surrounding his visit crowds turned out to greet him. On leaving Gorleston, he travelled to Yarmouth and to Nova Scotia near Caister.

In 1954 on December 2nd, **The Duke of Edinburgh** arrived by train, to open the new Technical High School in Gorleston. A car took the Duke to the Town Hall where he met dignitaries and Gorleston Leading Fireman, Frederick William Sadd, who had received a George Medal for his rescue work in the 1953 Floods. The Duke re-joined his car to go on a brief tour of the

town which was thronged with crowds. Along Southtown Road, drifters in the harbour sounded their horns. In the Shrublands and Magdalen Estates school pupils lined the streets. The Duke’s speech remarked how staff were the key, and that education was about preparing children for citizenship and jobs that make best use of their abilities. The new school was wonderful and a tribute to the town. If the bad weather continued, a course for frogmen could be added to the curriculum! After unveiling a plaque he toured the school. The Duke returned to the Town Hall for lunch and left to visit the British Sugar factory at Cantley.

On 18th November 1960, the **Duke** flew a helicopter of the Queen’s Flight over the Technical High School en route to visit the Birds Eye factory where many Gorleston people worked. The pupils formed a message, “Welcome Again Prince Philip”, on the playing field which the Duke acknowledged. A crowd had assembled on Darby’s Hard to watch the Duke land.

On 30th May 1963, the **Duke of Edinburgh** returned to Gorleston piloting a helicopter of the Queen’s Flight and landing at Cliff Park Secondary Modern School on a tour of ten Duke of Edinburgh Award centres. He witnessed displays of gymnastics, boxing, archery, judo, fencing, animal care and childcare. The East Anglian School gave first aid demonstrations. Pupils from other local schools attended alongside the St Andrews Youth Club, Gorleston Life Brigade, Boys Brigade and cadet forces. The Duke was pleased with the visit.



*The Prince of Wales inspects the Prince of Wales Own Artillery Militia on the 26th May 1899 at Great Yarmouth.*

# Emergency Services: Fire & Rescue

Contributed by Karen Rowley

## All Welcome at Fire Station Open Day

Gorleston Fire Station is hosting an open day this summer and the crew invites local residents along to find out more about our role in your community.

Our on-call crew is ready to respond whatever the emergency, firefighters deal with a wide range of incidents including fires, flooding, water rescue, animal rescue and road traffic collisions.

We want to invite you to find out more about our staff, our work and the equipment we use.

Our FREE open day is being held on Saturday 17th August from 10am to 5pm.

Come and meet the crew, enjoy games for all ages and tuck into some food and drink.

Visitors will be able to look around a fire engine, see some demonstrations and have a look at our aerial ladder platform which is used to rescue people from height and tackle fires from above (incident permitting of course!).

You will be able to talk about any fire safety concerns you have in your home & community and find out more about our prevention work.

Other emergency services are hoping to be in attendance too so you can come along and meet them.

Gorleston crew works closely with other emergency services and other agencies as well as fire crews from across Norfolk and often over the border from Suffolk given our location.

The fire station is based in High Road. Everyone is welcome to attend the open day.



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Tel: 01493 655523

# Parish Nursing

Hello, my name is Ruth, and I am a Parish Nurse here in Gorleston.

I am a registered mental health nurse and worked locally in the NHS for 36 years before taking early retirement in November 2022.

I had felt for some time that God was calling me away from my role in the NHS but that He was asking me to use my skills, knowledge, and experience to support our church vision to reach out to our community. So, with the support of the leadership team and congregation at Cliff Park Community Church (CPCC), our Parish Nursing service started in April 2023.

So, what is Parish Nursing?

Helen Wordsworth, a Baptist minister and nurse, established Parish Nursing Ministries UK (PNMUK) in 2005.

Parish Nurses are registered nurses who work in communities alongside churches and Christian organisations to bring wholistic care to communities. They assess local health needs and work on health improvement through education, advice, advocacy, and referrals. They may lead health-focused groups, clarify medical information, and support individuals in health crises. They offer support to people of all ages, from all backgrounds, and of any faith or none.

Parish Nurses complement, but do not replace, established healthcare services. Each Parish Nursing service is shaped by the needs of the area and the calling of the nurse, and so my focus is on mental health and wellbeing. The impact of the pandemic on people's mental health is well recognised, however, there are many things that affect mental health; our personal history, family, relationships and how we see ourselves. Our social circumstances including our housing, employment, and education also play their part. While it's not possible to stop all mental ill-health from developing, many mental health problems can be prevented with early intervention and the right approach. Prevention can help all of us, whether we currently have good mental health or not.

I am available on a Tuesday and Thursday during school term time.

If you or someone you know needs support, then please do contact me.

Email: [parishnurse@cpcc.org.uk](mailto:parishnurse@cpcc.org.uk)

Mobile: 07907 066274

# Gorleston FC

Contributed by Dave Hardy



Gorleston FC are looking forward to their third season in the Isthmian League North and playing their second season using The Wellesley as their home ground.

Last season was their second in Step 4 football and showed an improvement on the first season. The Greens gained more points from fewer games and finished three places higher in the table.

There was also success for Gorleston Reserves who picked up the Sterry Cup for winning the Anglian Combination Premier Division. As a result, the Reserves have been promoted to the Thurlow Nunn First Division, which is Step 6 football. Just 13 years ago Gorleston first team were winning this league and the Gt Yarmouth Town first team are the current champions. League fixtures are not yet known but begin for the Reserves on 27th July.



There have been some departures from last season with Connor Ingram, Luke Johnson, Connor Deeks, Ismael Fatadjo, Craig Parker and Jacek Zielonka moving on. But new signings have been made.

Joe Marsden has rejoined after spending several seasons at a higher level, most recently with Leiston. Former Norwich City U21 captain, Zach Dronfield, has also signed from Leiston. After 300+ games for Wroxham, Harley Black has become a Green and attacker Jordan Buttle has signed from Dereham.

Gorleston's season will begin on 3rd August with an FA Cup extra preliminary round tie with the league beginning a week later. At the time of writing the opponents are not known and the league fixtures have yet to be released, but we do know there will be 6 more than last season, with 22 teams in the league now whereas last season there were 19.



A brand new Gorleston Supporters Club has also been formed which has exclusive content and club discounts. For more information about this, visit the club website at [www.gorlestonfc.com](http://www.gorlestonfc.com).

You can also show your support for Gorleston, and maybe win yourself some money at the same time, by entering the Gorleston Lucky Dip. Only £5 a month, paid by standing order, with better odds of winning than many other draws. The GoLD draw has paid out over £350 in prize money this year and the more who are in, the more you can win. Full details of the draw and how to enter are on the website, or contact me (Dave Hardy), or email [gorlestonfootballclub@hotmail.co.uk](mailto:gorlestonfootballclub@hotmail.co.uk)

For all the latest news, results and fixtures visit [www.gorlestonfc.com](http://www.gorlestonfc.com), You can follow @gorlestonfc on Twitter/X, Instagram, Threads and TikTok, plus Like us on Facebook and subscribe to our You Tube channel for match highlights so you will never miss a thing!



**PARISH NURSING**

Parish Nurses are Registered Nurses working in churches or Christian organisations. The service is available to people living in Gorleston and the surrounding area, of all ages and backgrounds, of any faith or none.

**FREE SERVICE**



RUTH PILLAR  
BMR, Parish Nurse

**Parish Nurses offer:**

- Listening & Advice
- Education and Health Promotion
- Advocacy
- Assessment
- Support
- Referral to other health professionals, social services, statutory bodies and charities
- Prayer

**Serving The Local Community**

Contact Ruth:  
Email: [parishnurse@cpcc.org.uk](mailto:parishnurse@cpcc.org.uk)  
Mobile: 07907 066274  
Website: [www.cpcc.org.uk](http://www.cpcc.org.uk)  
I work on Tuesday and Thursday.

Parish Nursing Ministries UK

**- To Live and to Give -**  
**The Good News**

St Paul's Community Church  
Registered Charity no. 1201798

# Coastwatch

Contributed by Robert Griffiths

National Coastwatch Institution was formed in 1994, at a time when the Coast Guards were experiencing cutbacks and reorganising. Its foundation was prompted by an incident in Cornwall, when a fishing boat sank in view of a then unmanned Coast Guard lookout. The local population decided to man that look out as volunteers and the NCI was born, its mantra being, 'eyes along the coast.' The institution is a registered charity and each station is responsible for raising funds.

Gorleston station has been manned since 1995, it being number 24 of 60 NCI stations around the coast of UK. We keep a visual watch of our area of the beach and coastline and also monitor various VHF radio channels, including the distress channel. Our station is manned eight hours a day in the winter and 12 hours a day in the summer and is only closed on Christmas Day. We at Gorleston do this in various ways, such as carrying out bucket collections when we can and also giving talks to various clubs, which sometimes generate a donation. We are always open to discussions with various local companies who might consider sponsoring us.

National Coastwatch Institution celebrates its 30th year this year, marking the amazing achievement by taking a commemorative flag to each of its 60 Stations in turn during this summer. Currently it is due to arrive here at Gorleston, from the Felixstowe Coastwatch Station on the 10th August. On the 11th of August it departs Gorleston for Mundesley Station, before continuing northwards, visiting the remainder of the stations on the east coast.





# Ramblings of a Displaced Cockney

*Well known in Gorleston as the former Principal of the East Norfolk Sixth Form College, our Displaced Cockney is Laurie Poulson whose travels in life have taken him from birth in the East End of London, all around England, until he came to Gorleston in 1999, where he has been ever since.*

## There is Another Way



Years ago, Jenny and I had a Ford Cortina estate. It was bright yellow and it was admittedly a “bargain” purchase. We bought it because we were about to move from Ilford in East London, up to Lancashire, as I had taken a job in Manchester. We thought that the estate would give us more flexibility in helping to get stuff up there, to cope with the early weeks before we could move into our house in Haslingden and

while everything else was in storage.

That car certainly had its moments. David, our first child was born in February and sometime after that, one Friday evening, we were driving down to see family in London when the lower pulley wheel on the belt assembly just sheared in a circle around the middle. Amazingly, the AA got us to a local garage who could replace it and they got us on our way! Strangely this same thing happened again that summer when my friend Neil and I were heading to the Isle of Skye for some climbing. Again, we were really lucky, as even though it was getting late at the start of a bank holiday weekend, a local garage got it welded. Fearing the worst, we opted to go back down to Lancashire and on to climb in North Wales.

It was later that year when the concept of the same fault recurring came back with a vengeance. One morning, on starting-up the engine, the petrol filter literally exploded,

dumping the contents of the oil sump onto the road beneath. Wow, it must have been a faulty fuel filter!? I had never heard of that, but I just bought a new one anyway. Shortly afterwards, the same thing happened again! I contacted the local Ford dealer and told them what had happened, only to be told: *“Sorry, but there’s no such fault: it can’t happen!”*. My response was simple: *“I’ll bring it round to your showroom, park it in the middle of your shiny sales floor and start it up, and we can see if there is no such fault!”* Their panicked reply was *“No, please don’t do that: we’ll ask Ford HQ about it!”*

Sure enough, two days later I had a phone call from the Head of Engineering at Ford in Warley in Essex. His response was interesting: *“Yes, I recall that we once had a case of this. It’s a sticking ball bearing in the oil pressure relief valve, it needs replacing.”*

*“But,”* I said, *“that’s inside the engine, isn’t it? So, you need to take the engine out of the car to get at it don’t you?”*

*“Yes,”* he agreed, *“You have to take the engine out.”* Then he thought for a while and said: ***“There is another way!”***

*“What you could do instead, is to put a steel joist over the car and attach the engine by chains to the joist. Then instead of lifting out the engine, you leave it where it is and just lower the car!!”*

I must admit that I was flabbergasted: *“Basically”* I said *“That amounts to exactly the same thing as taking the engine out doesn’t it!”* He couldn’t but agree!

When it came down to it, there was “another way”: I scrapped the car and got a Fiesta!

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## An International Welcome at Gorleston Library

Norfolk libraries run International Welcome drop-in sessions at Gorleston Library on the last Tuesday of each month from 11am-1pm.

These sessions offer free advice and practical support for refugees, asylum seekers and migrants, as well as the people who support them. We also host activities like crafts during special events, such as Refugee Week.

At the International Welcome sessions, you’ll have a chance to get to know the local community and receive a range of support including:

- English language practice
- Housing, employment, education and health advice

- Referral to courses and library services that might interest you
- Help with getting online

We also offer free basic support items such as toiletries, sanitary products and condoms, as well as essential food items such as pasta and soups.

All our support is free, non-judgemental and inclusive for all who need it.

Just pop in and see us at Gorleston Library or you can find out more at [www.norfolk.gov.uk/internationalwelcome](http://www.norfolk.gov.uk/internationalwelcome) or by emailing [migrantsupport@norfolk.gov.uk](mailto:migrantsupport@norfolk.gov.uk)

We look forward to welcoming you!

# GCM Logo Competition

In preparation for the relaunch, the Gorleston Community Magazine team asked Year 6 students at Peterhouse Primary School to design us a new logo. These are the finalists of those we received.

Submitted by Rowan.



Submitted by Charlie.



Submitted by Millie.



Submitted by Harry.



Submitted by David.



Submitted by Levis.



Submitted by Soren.



This is the winning entry,  
submitted by Eva.



And this is our new logo,  
developed from Eva's design.





# Lynn Grove Academy

Highlights from recent months

**Below: Local artist, Indi Williams, visits Lynn Grove**



**Right: Year 9s make bread-based, stuff crust pizzas, demonstrating hygiene and professionalism.**



**Below: Year 10 students collect data at Southwold for GCSE Geography fieldwork.**



**Below: Sports Day 2024**



# Pavilion Theatre



It's wonderful to be back writing again for the Gorleston Community Magazine. Huge congratulations to the team for all of their hard work in relaunching this fantastic community resource and long may it continue!

Writing this latest piece has given us time to reflect on everything that has happened since the last edition back in January - and what a whirlwind of a 6 months it has been!

We at the Gorleston Pavilion Trust officially took over the Pavilion Theatre building back in February and since then we've been hard at work launching some new initiatives and getting going with some fairly major refurbishment projects. These including:

- Opening our Box Office 7 days a week, from 10am-3pm
- Launching our new Community Hub 3 days a week, Tues-Thurs from 10am-3pm
- Refurbishing our stage and backstage areas and installing new sound equipment
- Refurbishing our studio, including a brand new floor
- Receiving planning consent for a new roof and baluster repairs

Back in January, the Mayor also unveiled a new blue plaque on the front of our building, marking our addition to the Great Yarmouth Local History & Archaeological Society historical walking trails. We also launched our new '**Buy-a-Brick**' scheme as part of our latest '**£50k Fundraiser**' campaign, which will help us to fund vital repairs to our building. For more information on how you can help, head to [pavtheatre.com/50k](http://pavtheatre.com/50k).

We also launched a brand new season of '**Summer Showtime**', our popular variety show which runs weekly from May to October, and a new season of '**Summer Sundays at the Bandstand**' - a weekly all-day festival now with double the amount of live music. Planning for our 2024 pantomime 'Cinderella' is also well underway and our Pavilion Players will also be presenting '**The Producers**' in the autumn, our first in-house musical.

... and we're only just getting started! Pop in to see us and pick up a brochure or take a look at our website for full details.

See you at the theatre again soon.

**Alex Youngs**

Chief Executive, Gorleston Pavilion Trust



## WHAT'S ON IN AUGUST:

Community Hub - Every Tues/Weds/Thurs throughout Feb, 10am-3pm

Ben Langley's Comedy & Quiz Night

The Upbeat Beatles

Counterfeit Quo

Songbird - The Music of Fleetwood Mac

The Bootleg Shadows

Hey Rock n Roll 5

ABBA The Revival

Pure Queen

The Show Must Go On - The Musical Theatre Story

*Full details of the Pavilion's schedule of plays, musicals, pantomimes and concerts can be found at [pavtheatre.com](http://pavtheatre.com) or by calling the box office on (01493) 662832.*



# News from The Mag

with  
Reverend Matthew Price



At St Mary Magdalene, our community workshop is taking shape. We are hoping it will be a place where people can learn new skills, make friends and find community. But, in order to bring that vision to fruition we are in need of more volunteers to help us get the workshop up and running. Could it be you? We're particularly interested in hearing from anyone with carpentry or woodwork skills who would be willing to coordinate some of the activities taking place in the workshop.

If that might be you, please do be in touch with our Volunteers Coordinator, Sarah, by email on [volunteers@stmmgorleston.org.uk](mailto:volunteers@stmmgorleston.org.uk) or by phone on 01493 655523.



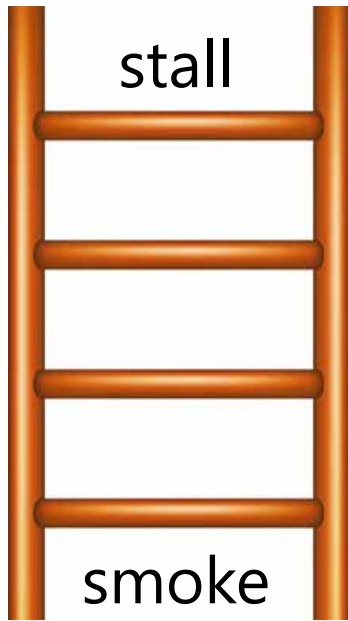
  
**WHATS ON AT  
ST MARY MAGS**  
ST MARY MAGDALENE CHURCH  
MAGDALEN SQ. GORLESTON NR31 7BZ

<b>MON</b>	Food Bank Open, 9.30-11.30am Magpies Toddler group, 10-11.30am (term time only)
<b>TUE</b>	The Bridge Lunch Club Doors Open at 12noon Lunch at 12.30pm
<b>WED</b>	Food Bank Open, 9.30-11.30am Said Communion Service at 9.30am Open House, 10am-12noon (with refreshments and activities)
<b>THU</b>	Forever Young (for the over 65s) 1.30-3.30pm (3rd Thurs. of month)
<b>FRI</b>	Food Bank Open, 9.30-11.30am The Bridge Drop-in, 10-11.30am (with refreshments and activities) Jesus Time, 11.30am-12noon Mags Youth Club at 6-7.30pm (fortnightly in term time)
<b>SUN</b>	Sunday Service at 10.30am with activities for under 18s

Also ad-hoc cooking courses and community events  
For more info contact:  
t: 01493 655523 | e: [admin@stmmgorleston.org.uk](mailto:admin@stmmgorleston.org.uk) | [www.stmmgorleston.org.uk](http://www.stmmgorleston.org.uk)  
or find us on Facebook, X or Instagram  
(Church Office open 9am-4pm, Mon-Fri, when food bank donations can also be accepted)

## Word Ladder

Can you climb the ladder changing 1 letter at a time, to get from the bottom word to the top word?



## Seeing Double

Each pair of words share two middle letters. The first has been filled in as an example. Complete the remaining words to find the mystery keyword reading down.

1	BE	DE	CK
2	EL		RS
3	AC		RD
4	UN		RK
5	PA		DE
6	CA		FE
7	EA		NG
8	NO		ON
9	PR		TO
10	SP		GE

© Lovatts Puzzles

## Coffee Time 2

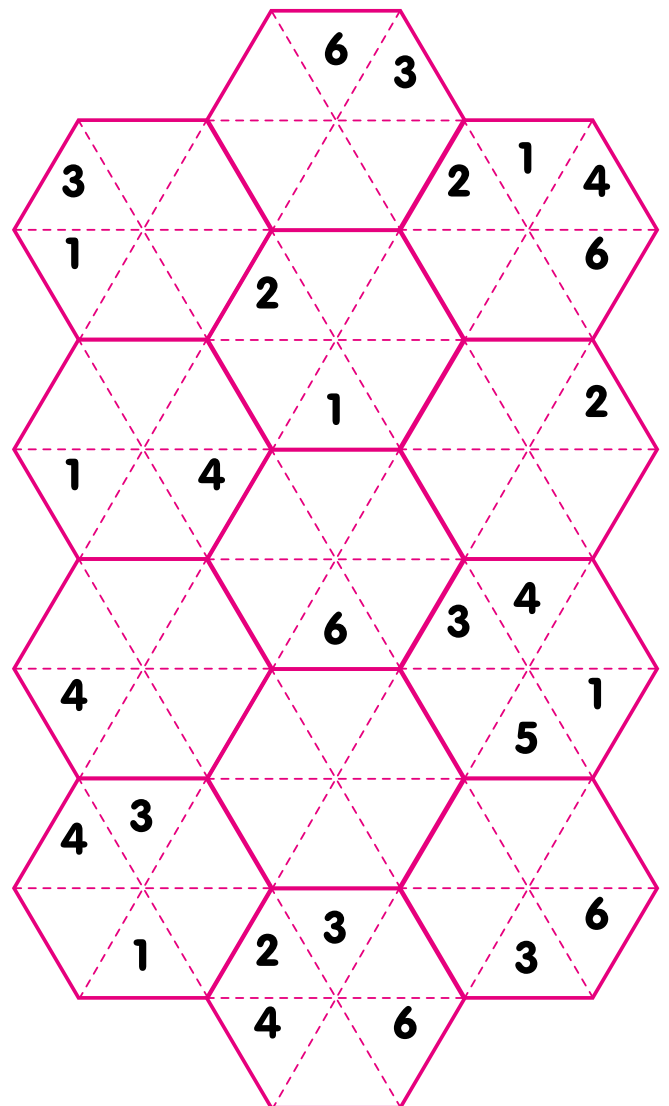
### Caught in the middle

What are the words that can be written down the middle to create two more words or phrases either side?

black	.....	dog
lap	.....	hat
no	.....	abouts
duffle	.....	hanger
scissor	.....	off

### Hexoku

Fit the numbers 1 to 6 into each hexagon so that where the hexagons touch, the numbers are the same. No number is repeated in any hexagon.



# Gorleston Grapevine

with Carol Todd



Woo Hoo!! We are back Gorleston! Thank you to all the people who asked what was happening with the magazine over the last few months, really appreciate how much you've missed it.

Oh my goodness where do I start?! Well, we moved from our beloved Bells Road in April to a new house not too far away. Honestly, how happy am I that it comes with its own car parking space?! Those who live around Bells Road area will appreciate how difficult it can be to park anywhere near your house. Our "old house" is undergoing a huge renovation with the lovely new owners. Wishing them all the best. So many special and precious memories made over the 13 years we lived there. We're really missing our gorgeous neighbours Sandra and Rich though, and perhaps how easy it was to nip across to Tony's Fish & Chip Shop!

Moving on with the latest news around Gorleston town. There's to be a new bridal wear shop on Bells Road, as Karolyn

from Margo's Lounge has moved "The Good Life" downstairs in Margo's. Also wishing Margo's a very Happy 10th Birthday (pictured right courtesy of Margo's). Sad to hear that Lloyds Bank will be closing in January 2025 as banks continue to move us all to online services. If I need counter service from my bank, I need to travel



to Lowestoft now. House of Vintage has also announced its closure, such a shame. However, it's really encouraging to see that The Thirsty Crow Taproom is now open daytimes, offering a variety of local home made pies (pictured left courtesy of Thirsty Crow), cakes and hot drinks, as well as continuing



with live music and serving locally brewed ales/beers. The Vault also continues to grow it's offerings with a delicious selection bagels, along with it's superb menu, events and live entertainment.

The Original Factory Shop opening in the old Wilco Store has been a great success so far. Catriona's Bridal Wear moved on and is now a hair and beauty salon, while another beauty salon opens on corner of Avondale and Lowestoft Road.

A large group of my friends all really enjoyed an amazing evening out at The Green Bear for a Grease v Dirty Dancing evening recently. Everyone put so much effort into their costumes, dancing and singing the night away. Check out the girls in these brilliant cut out boards! I was



a little hoarse and had sore legs the next morning. Thanks to the team at The Green Bear for a great evening. We'll be back soon! The Feathers has had an awesome makeover, looking stunning. I believe Pappa John's Pizza is going into the old Blockbuster unit. Further down on Riverside, you may have heard that Mr Fish of Scroby

Fayre sold his flat development beside Morrisons to Peter Colby Commercial. The 60 bedroom property is now up for sale for a cool £6 million. Really hope this is snapped up soon as we have so many people waiting for housing and rents are at an all time high.

12 years ago, we were walking up the White Lion steps about 30 minutes prior to the landslide which would see them in a state of disrepair for such a long time. I'd like to congratulate all the team involved for all their dedication and hard work in continually pursuing the renovation of the steps. Finally, the last few months has seen major work reconstruction work underway.

Now, I'm sure I wrote a while back that GYBC had already purchased the light up Gorleston sign for the Pavilion Bandstand gardens. I see that the planning application has appeared again around lamp posts. I'm positive that there was a majority outcome in a Gorleston online survey that many of our residents did not want the erection of this sign. Illuminated signs are already installed in Great Yarmouth and Hemsby, but do we really need one in Gorleston?

Work has been super busy here at L.G Perfect, so we are currently looking for more mechanics to join our brilliant team. So if you are, or know an experienced Car Mechanic, then please do get in touch with me. We'd like to also welcome a new member to our reception team. Meet Jodie Taylor (pictured right), who'll be looking after all of our lovely customers and clients. If there's anything you'd like me to feature in forthcoming GG's or that we can help with, then please do get in touch on email [ctodd@eegreen.co.uk](mailto:ctodd@eegreen.co.uk). Have an absolutely Awesome August my friends. Thank you for reading!







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# Gorleston Then & Now

by John McBride



Above is a very early photograph of St. Mary Magdalene Church in Gorleston. The foundation stone was laid on 4th July 1957 and the project cost £18,000. It was consecrated on 6th November 1958. It must be unfinished in this photograph above, as work is in progress and the entrance is still fenced off. However, the first church building on the Magdalen Estate was dedicated on 17th April 1951. This building was described as a 'Prefabricated Ministry of Works 24 foot span building, with brick ends and a panelled ceiling'\*. This is the building still in use today as the Church Hall adjoining the church. The vicarage, located on Nuffield Crescent, behind the church, was dedicated on 7th November 1965. As seen in the current day photo below, housing development has continued since the church was built, trees have established and cars have increased.

*\*This was a Government Department formed in 1940 to deal with building projects, approx. 7.3 metres*



# Wordsearch

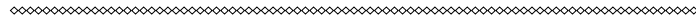
Remembering John Bunyun



John  
Bunyan  
Pilgrims  
Progress  
Great  
  
Heart  
Valiant  
Truth  
Giant  
Despair

Madame  
Bubble  
Slough  
Despond  
Vanity

Fair  
Delectable  
Mountains  
Hill  
Difficulty  
  
Celestial  
City  
Prison  
Preaching  
license



## Church Services for August 2024 in St. Andrew's Church

**Thursday 1<sup>st</sup> August**

**10.30am Holy Communion**

**Sunday 4<sup>th</sup> August**

**8.00am Holy Communion Only**

**Thursday 8<sup>th</sup> August**

**10.30am Holy Communion**

**Sunday 11<sup>th</sup> August**

**8.00am Holy Communion**

**10.00am Worship Together**

**Thursday 15<sup>th</sup> August**

**10.30am Holy Communion**

**Sunday 18<sup>th</sup> August**

**8.00am Holy Communion**

**10.00am Holy Communion**

**Thursday 22<sup>nd</sup> August**

**10.30am Holy Communion**

**Sunday 25<sup>th</sup> August**

**8.00am Holy Communion**

**10.00am Worship Together Songs of Praise**

**Thursday 29<sup>th</sup> August**

**10.30am Holy Communion**

Follow on Facebook  
Visit the website  
[www.standrewsgorleston.org.uk](http://www.standrewsgorleston.org.uk)



Wedding enquires are welcomed at our Vestry Evenings in Church. They take place on the first Thursday each month at 6.30pm.

Monthly Coffee Mornings take place on the first Saturday each month from 10 – noon in the Chapter House.

Little Stars parent/carer and toddler group takes place term time on Mondays.

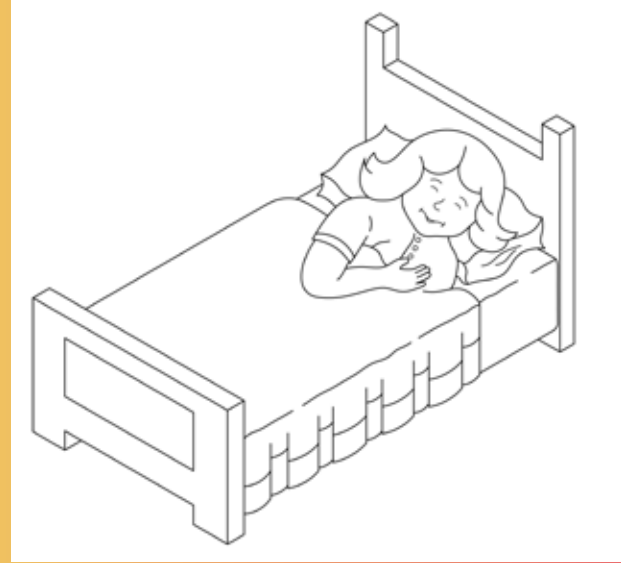
The church will be open at various times during Heritage week next month – more details next time.

# Kids' Corner

Read the parable then colour in.



Colour this sleepy girl.



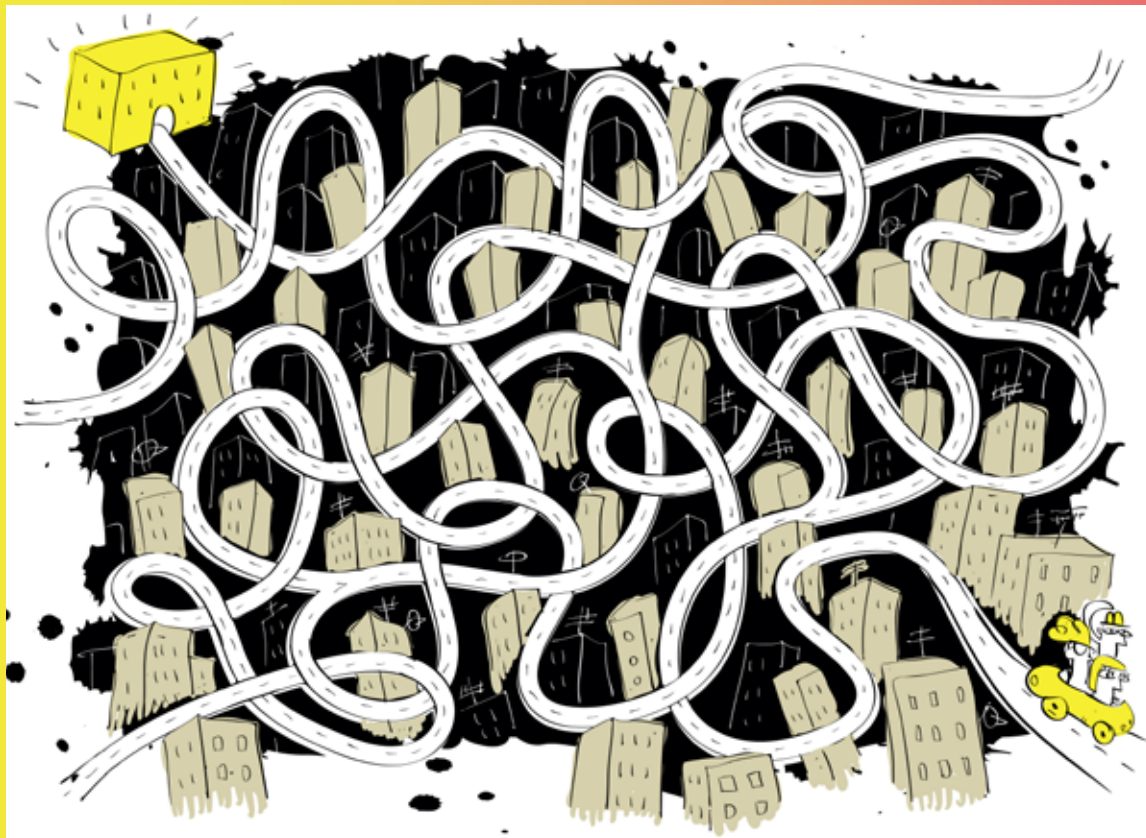
Find 4 differences



Spot the Difference



Help this family find their way home.



The Tale of   
The Friend  
at  
Midnight



JESUS OFTEN TOLD  
STORIES WITH  
HIDDEN MEANINGS



ONE WAS ABOUT A MAN WHO HAD  
RUN OUT OF BREAD...

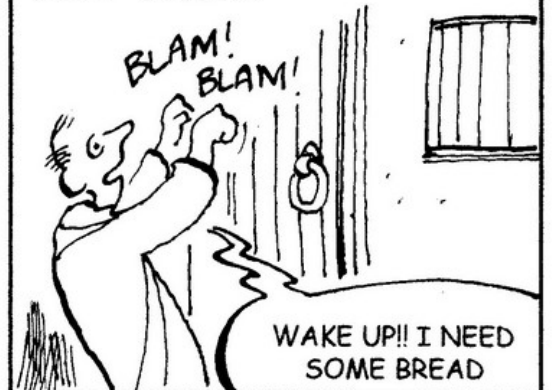


...AND HE NEEDED PLENTY AS  
A FRIEND WAS COMING TO STAY.

EVEN THOUGH IT WAS  
MIDNIGHT...



... HE WENT TO HIS NEIGHBOUR'S  
HOUSE AND BANGED ON THE  
DOOR - LOUDLY!



PLEASE WILL YOU LEND  
ME THREE LOAVES?



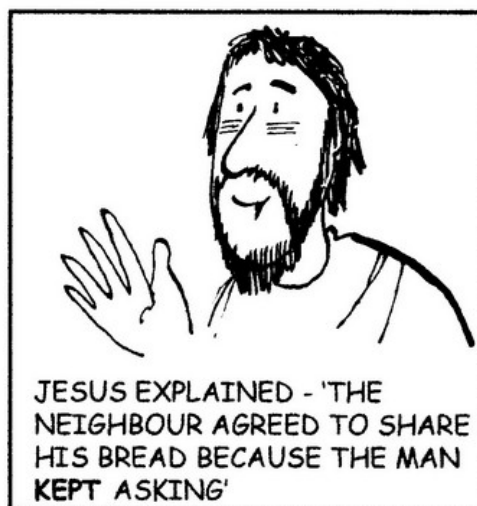
GO AWAY!! WE'RE ALL TRYING TO SLEEP!



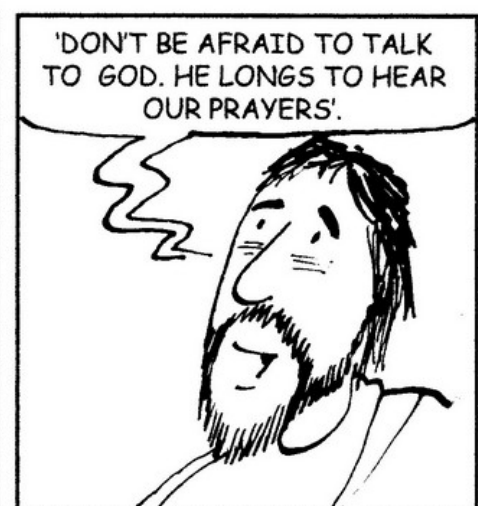
OH GO ON... PLEASE I  
REALLY DO NEED SOME!



ALRIGHT THEN! BUT I'M  
ONLY DOING THIS BECAUSE I  
WANT SOME PEACE AND QUIET!



JESUS EXPLAINED - 'THE  
NEIGHBOUR AGREED TO SHARE  
HIS BREAD BECAUSE THE MAN  
KEPT ASKING'



'DON'T BE AFRAID TO TALK  
TO GOD. HE LONGS TO HEAR  
OUR PRAYERS.'



## New Facility Up & Running

On July 24th, James Paget opened its new, purpose-built facility, the 'Community Diagnostic Centre.' It offers to patients access to new MRI and CT scanning equipment, as well as X-ray and Ultrasound imaging, the first of three new buildings at each of Norfolk & Waveney's three hospitals.

Constructed following £85.9 million capital investment from the Department of Health and Social care, the Centre will be used to improve access to diagnosis & monitoring of a wide range of conditions, including cancer, heart disease, stroke, respiratory diseases, trauma, musculoskeletal diseases and neurology.

It is situated on the main hospital site, adjacent to the Louise Hamilton Centre, with appointments available from Sunday to Friday, 8a.m. to 8p.m. For x-rays and 8:30a.m. to 8:30p.m. for all other treatments, with a focus on outpatient and GP referrals, while the hospital's existing imaging department focusing on emergency and inpatients.



## Race for Life

One of the Paget's Cancer Specialist Nurses, Tracey Noakes, took part in the Race for Life in Nottingham, alongside her son Sam, raising the most money out of anyone at the event. Tracey looks after patients with upper gastrointestinal cancer, and has undergone surgery & radiotherapy for breast cancer she was diagnosed with a few months ago. She took part in the event, determined to do something to help others.



Ahead of the fundraiser, she said, 'My mum and my brother both died very prematurely from cancer and every year I have taken part in a Race for Life in memory of them. I never thought I would one day end up doing it for myself too, and so this year's Race for Life is even closer to home for me and I am determined to give it my all.'

And she did, completing the 10 kilometre (6.2 mile) course

in just one hour and 17 minutes, and raising £3,400 for Cancer Research UK.

Tracey said, 'My son Sam suggested we do a Race for Life together and on Sunday 23 June we ran the 10K along the Victoria Embankment in Nottingham. It was a beautiful setting, although exceptionally warm. I completed the run in 1h 17m and, even though it was more about finishing the run rather than the finishing time, I was happy with that given what I have just been through.'

'But the best thing about the whole day was that, out of all those people there in Nottingham, Sam and I raised the most money – an astonishing £3,400. We were called up to the stage and presented with a certificate and medal - it was pretty humbling and we were so proud.'

'The kindness and generosity of family, friends, colleagues and supporters has been overwhelming and Sam and I thank you all so much.'

## New Books for Child's Centre

The Suffolk branch of the National Literacy Trust has delivered books to the Newberry Child Development Centre in Gorleston for a reading promotion being held on James Paget's Neonatal Unit. The promotion aims to gift books to support literacy skills and encourage an enjoyment of reading from an early age.

The National Literacy Trust works with families, schools and a variety of community organisations to enhance reading, speaking, listening and writing skills – to find out more about their work please visit '<https://literacytrust.org.uk/>'

Members of the hospital's Therapies team and Community Paediatrics Support Manager are pictured at Newberry CDC holding some of the donated books, which were delivered by Suffolk National Literacy Trust Project Officer Rhiannon Marno.



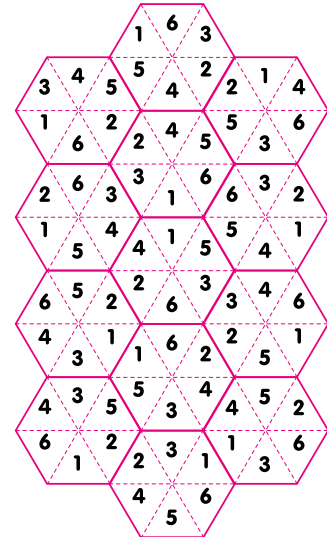
# Coffee Time Answers

**Word Ladder:** smoke, stoke, stake, stale, stall  
**Caught in the middle:** sheep, top, where, coat, lift  
**Seeing Double:** bedeck, elders, accord, uncork, parade,  
 carafe, eating, notion, pronto, sponge  
**Mystery keyword:** dedoration

**Across:** 1. Accelerate, 6. Hymn, 7. Meow, 8. Emu,  
 11. Eagemesses, 14. PTO, 16. Zeus, 18. Guru, 19. Disentitle  
**Down:** 1. Adhere, 2. Coma, 3. Elimination, 4. Arm, 5. Eros,  
 9. Gem, 10. Ask, 12. Salute, 13. Feud, 15. Aunt, 17. SOS



6	4	2	8	7	1	3	9	5
9	5	1	4	3	2	6	7	8
7	8	3	9	6	5	2	1	4
5	6	8	1	2	7	4	3	9
1	3	4	5	9	6	7	8	2
2	7	9	3	4	8	5	6	1
4	2	7	6	1	9	8	5	3
8	1	6	2	5	3	9	4	7
3	9	5	7	8	4	1	2	6



## Poems to Ponder

From Christopher Smith,  
 Creative Director of XYZ Poetics

### Love Is...

Love is...

The sweetest thing  
 In the air  
 All around us

Love is...

The drug  
 The law  
 An open door

Love is...

All you need

## The Bookshelf

The Scarlet Nightingale

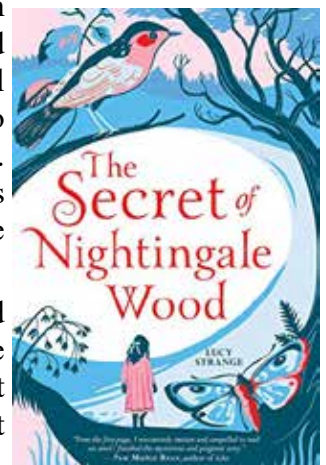
By

Alan Titchmarsh

*Thanks to Margret for this review, sent in by  
 Gorleston Library*

It is the late 1930's when seventeen-year-old Rosamund Hanbury leaves behind the endless summers of her Devonshire home for the fast pace of high society London. When Harry Napier sweeps her off her feet at London's famous Café de Paris she could almost forget that Britain is at war. When Harry is posted, Rosamund suffers a devastating personal loss and she is determined to do her bit for the war effort. Joining the Special Forces she is sent to work alongside the Resistance in France.

It is here that her courage and loyalty are truly put to the test and where she learns that no one is what they seem: at home or abroad.





*Is writing poetry one of your hobbies?*

*We're running a competition over the next month.*

*If you write and submit to us a poem, based around the theme of Autumn, you may have the chance of having it feature in the October 2024 issue of Gorleston Community Magazine.*

*Send your submission to  
editor.gorl.comm.mag@gmail.com*

*The deadline is September 10th.*



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